



www.support4NICUParents.org

Bibliography on Peer and Family Support

Peer and Family Support:

- Ainbinder, JG, LW Blanchard, GHS Singer, et al. 1998. "A Qualitative Study of Parent to Parent Support for Parents of Children with Special Needs." *Journal of Pediatric Psychology* 23 (2): 99–109.
- Ardal, F, J Sulman, and E Fuller-Thomson. 2011. "Support Like a Walking Stick: Parent-Buddy Matching for Language and Culture in the NICU." *Neonatal Network* 30 (2): 89–98. doi:[10.1891/0730-0832.30.2.89](https://doi.org/10.1891/0730-0832.30.2.89).
- Boukydis, CFZ. 2000. "Support Services and Peer Support for Parents of at-Risk Infants: An International Perspective." *Children's Health Care* 29 (2): 129–45.
- Bracht, M, F Ardal, and A Bot. 1998. "Initiation and Maintenance of a Hospital-Based Parent Group for Parents of Premature Infants: Key Factors for Success." *Neonatal Network* 17 (3): 33–37.
- Brandon, DH, KP Tully, SG Silva, et al. 2011. "Emotional Responses of Mothers of Late-Preterm and Term Infants." *Journal of Obstetric, Gynecologic & Neonatal Nursing* 40 (6): 719–31. doi:[DOI: 10.1111/j.1552-6909.2011.01290.x](https://doi.org/10.1111/j.1552-6909.2011.01290.x).
- Brett, J, S Staniszewska, M Newburn, et al. 2011. "A Systematic Mapping Review of Effective Interventions for Communicating With, Supporting and Providing Information to Parents of Preterm Infants." *BMJ Open*. doi:[10.1136/bmjopen-2010-000023](https://doi.org/10.1136/bmjopen-2010-000023).
- American Academy of Pediatrics, Committee on Hospital Care, and Institute for Patient- and Family-Centered Care. 2012. "Patient- and Family-Centered Care and the Pediatrician's Role." *Pediatrics*. doi:[10.1542/peds.2011-3084](https://doi.org/10.1542/peds.2011-3084).
- Cooper, LG, JS Gooding, J Gallagher, et al. 2007. "Impact of a Family-Centered Care Initiative on NICU Care, Staff and Families." *Journal of Perinatology* 27: S32–S37.
- Dammers, J, and V Harpin. 1982. "Parents' Meetings in Two Neonatal Units: A Way of Increasing Support for Parents." *British Medical Journal* 285: 863–65.
- Dennis, C-L, E Hodnett, L Kenton, et al. 2009. "Effect of Peer Support on Prevention of Postnatal Depression among High Risk Women: Multisite Randomised Controlled Trial." *British Medical Journal* 338: 280–84. doi:[10.1136/bmj.a3064](https://doi.org/10.1136/bmj.a3064).
- Dunham, PJ, A Hurshman, E Litwin, et al. 1998. "Computer-Mediated Social Support: Single Young Mothers as a Model System." *American Journal of Community Psychology* 26 (2): 281–306.

- Eisen, SV, MR Schultz, LN Mueller, et al. 2012. "Outcome of a Randomized Study of a Mental Health Peer Education and Support Group in the VA." *Psychiatric Services* 63 (12): 1243–46. ps.psychiatryonline.org.
- Feigal, C, L Poye, IR Postma, et al. 2013. "Hypertensive Disorders of Pregnancy and Risk of Screening Positive for Posttraumatic Stress Disorder: A Cross-Sectional Study." *Prenancy Hypertension: An International Journal of Women's Cardiovascular Health* 3 (4): 254–60. doi:[10.1016/j.pregphy.2013.07.004](https://doi.org/10.1016/j.pregphy.2013.07.004).
- Gooding, J., L. Cooper, A. Blaine, L. Franck, J. Howse, and S. Berns. 2011. "Family Support and Family-Centered Care in Neonatal Intensive Care Unit: Origins, Advances, Impact." *Seminars in Perinatology* 35: 20–28. doi:dx.doi.org/10.1053/j.semperi.2010.10.004.
- Groen, H, TR Easterling, EZ Tsigas, et al. 2013. "The Brain Study: Cognition, Quality of Life and Social Functioning Following Preeclampsia; An Observational Study." *Prenancy Hypertension: An International Journal of Women's Cardiovascular Health* 3 (4): 227–34. doi:[10:1016/j.pregphy.2013.06.003](https://doi.org/10.1016/j.pregphy.2013.06.003).
- Harder & Company Research for First 5 LA. 2012. "Peer Support Group for Parents: Literature Review." http://www.first5la.org/files/08226_2.3PSG%20Exploratory%20Study%20-%20Lit%20Review%20FINAL_08312012.pdf.
- Hurst, I, and S Carvajal. 1995. "Primary Topics of Discussion in a Support Group for Parents of Infants Hospitalized in a Neonatal Intensive Care Nursery." *Neonatal Network* 14 (8): 72.
- Hurst, I. 2006. "One Size Does Not Fit All: Parent's Evaluation of a Support Program in a Newborn Intensive Care Nursery." *The Journal of Perinatal & Neonatal Nursing* 20 (3): 252–61.
- Ireys, HT, R Chernoff, KA DeVet, and Y Kim. 2001. "Maternal Outcomes of a Randomized Controlled Trial of a Community-Based Support Program for Families of Children with Chronic Illnesses." *Archives of Pediatric & Adolescent Medicine* 155: 771–77.
- Jarrett, MH. 1996b. "Parent Partners: A Parent-to-Parent Support Program in the NICU. Part 1: Program Development." *Pediatric Nursing* 22 (1): 60–63.
- Jarrett, MH. 1996. "Parent Partners: A Parent-to-Parent Support Program in the NICU. Part II: Program Implementation." *Pediatric Nursing* 22 (2): 142–49.
- Kerr, SM, and JB McIntosh. 2000. "Coping When a Child Has a Disability: Exploring the Impact of Parent-to-Parent Support." *Child: Care, Health and Development* 26 (4): 309–22.
- Lucksted, A, D Medoff, J Burland, et al. 2013. "Sustained Outcomes of a Peer-Taught Family Education Program on Mental Illness." *Acta Psychiatrica Scandinavica* 127 (4): 279–86. doi:[10.1111/j.1600-0447.2012.01901.x](https://doi.org/10.1111/j.1600-0447.2012.01901.x).
- McNab, AJ, LY Beckett, CC Park, and L Scheckter. 1998. "Journal Writing as a Social Support Strategy for Parents of Premature Infants: A Pilot Study." *Patient Education & Counseling* 33: 149–59.
- Minde K, Shosenberg N, Marton P, Thompson J, Ripley J, Burns S. 1980. "Self-help groups in a premature nursery--a controlled evaluation." *Journal of Pediatrics* 96:933–40.
- Morrone, KJ. 2008. "Evaluating the March of Dimes NICU Family Support Program: Parent Support for Neonatal Transport." Master's Thesis for BS degree in Nursing, Storrs, CT: University of Connecticut. http://digitalcommons.uconn.edu/srhonors_theses/45.

- Nearing, G, AA Salas, D Granado-Villar, et al. 2012. "Psychosocial Parental Support Programs and Short-Term Clinical Outcomes in Extremely Low-Birth-Weight Infants." *The Journal of Maternal-Fetal and Neonatal Medicine* 25 (1): 89–93. doi:[10.3109/14767058.2011.557790](https://doi.org/10.3109/14767058.2011.557790).
- Nottage, SL. 2005. "Parents' Use of Nonmedical Support Services in the Neonatal Intensive Care Unit." *Issues in Comprehensive Pediatric Nursing* 28: 257–73. doi:[10.1080/01460860500396922](https://doi.org/10.1080/01460860500396922).
- Parent to Parent USA. "Parent to Parent USA: Endorsed Practices for Parent to Parent Support, Summary Document." www.p2pusa.org.
- Preyde, M, and F Ardal. 2003. "Effectiveness of a Parent 'Buddy' Program for Mothers of Very Preterm Infants in a Neonatal Intensive Care Unit." *Canadian Medical Association Journal* 168 (8): 969–73.
- Roman, LA, JK Lindsay, RP Boger, et al. 1995. "Parent-to-Parent Support Initiated in the Neonatal Intensive Care Unit." *Research in Nursing & Health* 18: 385–94.
- Santelli, B, A Turnbull, and C Higgins. 1997. "Parent to Parent Support and Health Care." *Pediatric Nursing* 23 (3): 303–6.
- Santelli, B, AP Turnbull, JG Marquis, and EP Lerner. 1995. "Parent to Parent Programs: A Unique Form of Mutual Support." *Infants & Young Children* 8 (2): 48–57.
- Scharer, K. 2005. "Internet Social Support for Parents: The State of Science." *Journal of Child and Adolescent Psychiatric Nursing* 18 (1): 26–35.
- Singer, GHS, J Marquis, LK Powers, et al. 1999. "A Multi-Site Evaluation of Parent to Parent Programs for Parents of Children with Disabilities." *Journal of Early Intervention* 22 (3): 217–29.
- Smith, K, D Gabard, D Dale, and A Drucker. 1994. "Parental Opinions about Attending Parent Support Groups." *Children's Health Care* 23 (2): 127–36.
- Voegtline, KM, and CA Stifter. 2010. "The Family Life Project Investigators. Late-Preterm Birth, Maternal Symptomatology, and Infant Negativity ." *Infant Behavior and Development* 33 (4): 545–54.
- Zanardo, V, I Gambina, C Begley, et al. 2011. "Psychological Distress and Early Lactation Performance in Mothers of Late Preterm Infants." *Early Human Development* 87 (4): 321–23.
- Other references:**
- Bernard-Bonnin, AC, Psychosocial Paediatrics Committee of Canadian Society of Pediatrics, and Canadian Paediatric Society. 2004. "Maternal Depression and Child Development." *Paediatric Child Health* 9 (8): 575–83.
- Boss, RD, PK Donohue, and RM Arnold. 2010. "Adolescent Mothers in the NICU: How Much Do They Understand?" *Journal of Perinatology* 30: 286–90.
- Braun, K. 2011. "The Prefrontal-Limbic System: Development, Neuroanatomy, Function, and Implications for Socioemotional Development." *Clinics in Perinatology* 38: 685–702.
- Browne, JV. 2011. "Developmental Care for High-Risk Newborns: Emerging Science, Clinical Application, and Continuity from Newborn Intensive Care Unit to Community." *Clinics in Perinatology* 38: 719–29.
- Callahan, JL, SE Borja, and MT Hynan. 2006. "Modification of the Perinatal PTSD Questionnaire to Enhance Clinical Utility." *Journal of Perinatology* 26 (9): 533–39.

- Callahan, JL, and MT Hynan. 2002. "Identifying Mothers at Risk for Postnatal Emotional Distress: Further Evidence for the Validity of the Perinatal Posttraumatic Stress Disorder Questionnaire." *Journal of Perinatology* 22 (6): 448–54.
- Cho, J, D Holditch-Davis, and SM Miles. 2008. "Effects of Maternal Depressive Symptoms and Infant Gender on the Interactions between Mothers and Their Medically at-Risk Infants." *Journal of Obstetrical and Gynecologic Neonatal Nursing* 37 (1): 58–70.
- DeMier, RI, MT Hynan, HB Harris, and RI Manniello. 1996. "Perinatal Stressors as Predictors of Symptoms of Posttraumatic Stress in Mothers of Infants at High Risk." *Journal of Perinatology* 16 (4): 276–80.
- Huhtala, M, R Korja, L Lehtonen, et al. 2012. "Parental Psychological Well-Being and Behavioral Outcome of Very Low Birth Weight Infants at 3 Years." *Pediatrics* 129: e937–e944.
- Kazak, A. 2006. "Pediatric Psychosocial Preventative Health Model (ppphm): Research, Practice, and Collaboration in Pediatric Family Systems Medicine." *Families, Systems & Health* 24 (4): 381–95.
- Melnyk, BM, NF Feinstein, L Alpert-Gillis, et al. 2006. "Reducing Premature Infants' Length of Stay and Improving Parents' Mental Health Outcomes With the Creating Opportunities for Parent Empowerment (COPE) Neonatal Intensive Care Unit Program: A Randomized, Controlled Trial." *Pediatrics* 118 (5): e1414–e1427.
- Miles, SM, D Holditch-Davis, TA Schwartz, and M Scher. 2007. "Depressive Symptoms in Mothers of Prematurely Born Infants." *Journal of Developmental and Behavioral Pediatrics* 28 (1): 36–44.
- Milgrom, J, C Newnham, PJ Anderson, et al. 2010. "Early Sensitivity Training for Parents of Preterm Infants: Impact on the Developing Brain." *Pediatric Research* 67 (3): 330–35.
- O'Brien, K, M Bracht, K Macdonell, et al. 2013. "A Pilot Cohort Analytic Study of Family Integrated Care in a Canadian Neonatal Intensive Care Unit." *BMC Pregnancy and Childbirth* 13 (Suppl 1): S12. <http://www.biomedcentral.com/1471-2494/13/S1/S12>.
- Ortenstrand, A, B Westrup, EB Brostrom, et al. 2010. "The Stockholm Neonatal Family Centered Care Study: Effects on Length of Stay and Infant Morbidity." *Pediatrics* 125 (2): e278–e285.
- Segre, LS, R Chuffo-Siewert, RL Brock, and MW O'Hara. 2013. "Emotional Distress in Mothers of Preterm Hospitalized Infants: A Feasibility Trial of Nurse-Delivered Treatment." *Journal of Perinatology*, 1–5. doi:[10.1038/jp.2013.93](https://doi.org/10.1038/jp.2013.93).
- Shaw, R, N. St. John, et al. 2013. "Prevention of Traumatic Stress in Mothers of Pre-Term Infants: A Randomized Control Trial." *Pediatrics* 132 (1): 1–9.
- Surkan, PJ, AK Ettinger, S Ahmed, et al. 2012. "Impact of Maternal Depressive Symptoms on Growth of Preschool- and School-Aged Children." *Pediatrics* 130 (4): e847–e855. doi:[10.1542/peds.2011-2118](https://doi.org/10.1542/peds.2011-2118).

Memoirs about the Experiences in the NICU

- Degl, Jennifer. *From Hope to Joy*. 2013.
- Forman, Vicki. *This Lovely Life*. 2009.

Hall, Sue. *For the Love of Babies: One Doctor's Stories about Life in the Neonatal ICU*. 2011.

Kemper, Michelle Munro and Jennifer Kemper Sinconis. *A Pound of Hope*. 2010.

Leone, Marianne. *Knowing Jesse: A Mother's Story of Grief, Grace and Everyday Bliss*. 2010.

Mathews, Kasey. *Preemie: Lessons in Love, Life and Motherhood*. 2012.